

Drinks served  
7:30am - 5pm



## DRINKS

# CAFE NOTOS

PLEASE SPEAK TO A  
MEMBER OF STAFF ABOUT  
ANY ALLERGIES BEFORE  
PLACING YOUR ORDER

### HOT DRINKS

|                                       |                |
|---------------------------------------|----------------|
| Breakfast tea                         | £ 3.00         |
| Espresso                              | £ 3.40         |
| Americano                             | £ 3.40         |
| Filter coffee (hot / iced)            | £ 3.40 / £3.90 |
| Cappuccino                            | £ 3.85         |
| Latte                                 | £ 3.85         |
| Flat white                            | £ 3.70         |
| Cortado                               | £ 3.50         |
| Cafe Macchiato                        | £ 3.50         |
| Mocha                                 | £ 4.50         |
| Deluxe mocha                          | £ 5.00         |
| Chai latte                            | £4.00          |
| Dirty Chai latte                      | £5.00          |
| Matcha latte                          | £ 4.50         |
| Beetroot latte                        | £ 4.20         |
| Turmeric latte                        | £ 4.20         |
| Cinnamon & honey latte                | £ 4.60         |
| Amaretto black coffee<br>(0% alcohol) | £ 4.50         |
| Irish cream coffee<br>(0% alcohol)    | £ 4.50         |
| Hot chocolate                         | £ 3.50         |
| After 8 / Smores hot chocolate        | £ 4.50         |
| Deluxe hot chocolate                  | £ 4.00         |
| Babyccino                             | £ 2.00         |
| Puppaccino                            | £ 2.00         |



Decaf: +20p  
Iced coffee: +50p  
Make it large: +£1  
Alternative milk: +50p  
Syrup: +50p

Please turn over for  
smoothies etc!

### LOOSE-LEAF TEAS

|  |        |
|--|--------|
| Peppermint / earl grey / blood orange / rhubarb<br>spritzer / lemon / strawberries & cream / pear &<br>cinnamon / vanilla rooibos (contains almonds) /<br>lemon & ginger / afrika chai / jasmine blossom<br>green tea / ginger & turmeric / chamomile /<br>turkish apple | £ 3.50 |
|--|--------|

### Iced coffee / Matcha

|   |        |
|---|--------|
| Iced latte / cappuccino   | £ 4.20 |
| Iced americano  | £ 4.00 |
| Iced pistachio latte/Iced strawb latte  | £ 4.70 |
| Iced flat white   | £ 4.10 |
| Iced Chai Latte / Iced Pink Chai  | £ 4.50 |
| Frappuccinos  | £ 6.00 |
| Ice, milk, double coffee shot, topped with cream  | £ 4.70 |
| Iced mocha / white mocha  | £ 4.50 |
| Iced matcha   | £ 5.00 |
| Iced matcha   | £ 5.00 |
| Strawberry / Blueberry / Mango / Pina Colada /<br>Raspberry / Passionfruit / White Choc |        |

### COLD DRINKS

|  |        |
|--|--------|
| Apple / Orange juice                                       | £ 2.50 |
| Pineapple / Cranberry juice                                | £ 3.00 |
| Coke / Diet coke / Cherry Coke                             | £ 3.50 |
| Lemonade / Raspberry Lemonade                              | £ 3.00 |
| Elderflower Presse   | £3.00  |
| Ginger Beer  | £ 3.00 |
| Rhubarb & Apple  | £ 3.00 |
| Apple & Pear   | £ 2.50 |
| San Pellegrino   | £ 3.50 |
| Orange / lemon / blood orange                              |        |
| Blighty Booch Kombucha                                     | £ 3.70 |
| Nettle & Rosehip / Cherry /Ginger / Bramley<br>Elderflower |        |
| Lemon & Ginger / Mint & Thyme Soda                         | £ 3.50 |
| Large still / Sparking water                               | £ 4.50 |
| Small still / Sparking water                               | £ 2.50 |



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### SMOOTHIES (GF) (VE) £ 6.00

Base milk for all is almond milk. All served with granola on top.

#### Strawberry stinger

Strawberries, banana, apple

#### Daily greens

Banana, avocado, spinach,  
cucumber, celery, honey

#### Anti-inflammatory kick

Blueberries, strawberries,  
banana, oats

#### Banana & peanut

Oats, golden syrup,  
cinnamon

#### Immune booster

Ginger, turmeric, mango,  
pineapple

#### Strawberry sunrise

Strawberries, honey,  
mango

### PROTEIN SMOOTHIES (GF) (VE)

Base milk for all is full fat, blue milk. Please ask for alternative milk or vegan protein powder.

£ 8.00

#### Peanut butter bomb

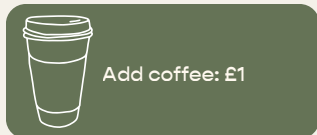
Whey vanilla protein,  
peanut butter, banana,  
chocolate

#### Green protein

Whey vanilla protein,  
banana, avocado, spinach,  
cucumber, celery, honey

#### Post gym protein kick

Whey vanilla protein,  
blueberries, strawberries,  
banana, oats



### PROTEIN MILKSHAKES (GF) (VE) £ 8.00

Base milk is full-fat, blue milk. Please ask for alternatives.

#### Biscoff protein

Whey vanilla protein,  
biscoff spread & biscuits,  
milk

#### Cookies & cream

Whey vanilla protein,  
cookies & cream flavouring,  
milk

### MILKSHAKES (VE AVAILABLE) £ 5.50

Raspberry / strawberry / peach / banana / chai  
/ caramel / chocolate / vanilla / hazelnut /  
gingerbread / cinnamon / pumpkin spice /  
frosted mint / cherry / almond / coconut

Add: whipped cream / marshmallows (+50p)

### ICED TEAS & COOLERS £ 6.00

#### Peach & mango iced tea

Peach tea, frozen mango & soda water

#### Watermelon iced green tea

Watermelon green tea flavouring, ice, & topped with  
frozen cherries

#### Passion fruit & lemon iced tea

Passion fruit tea flavouring, ice, soda water, & topped with  
frozen lemons

#### Jasmine lime iced tea

Jasmine lime flavouring, ice, soda water, & topped with  
frozen limes

#### Ginger & lime cooler

Ginger beer, lime flavouring, soda water, ice, & topped  
with frozen limes

#### Dragon fruit & mango cooler

Dragon fruit & mango flavouring, ice, soda water, &  
topped with frozen mango

#### Strawberry & basil cooler

Strawberry & basil flavouring, ice, soda water, & topped  
with a frozen lime

### HEALTH DRINKS

#### Collagen & Vitamin C boost £ 7.00

Mango collagen & Vitamin C powder, blended with  
orange juice

#### Berry hydration £ 7.00

Electrolytes, cranberry juice, mixed berries

### FROZEN JUICES (VE) £ 6.00

#### Vitamin sea

Mango, pineapple, carrot & orange juice

#### Notos beet

Strawberries, apples, beetroot & pineapple juice

#### Wonder greens

Avocado, cucumber, celery & apple



Food served  
8:30am - 3pm



# CAFE NOTOS

## BREAKFAST

PLEASE SPEAK TO A  
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Don't forget to check the specials board!

### BREAKFAST BAPS

£ 7.00

#### TOASTED BREAKFAST BAP

Sausage, bacon and egg. (GF available)  
Add hash brown: +£1

2 4 7

#### VEGGIE BREAKFAST BAP

Hash brown, halloumi and egg. (GF available)  
Add avocado: +£1.50

2 4 7

#### VEGAN BREAKFAST BAP

Quorn sausage, avocado and hash brown.

2 13

### LIGHT BITES

#### SEEDED BLOOMER TOASTED

Butter & strawberry jam or marmalade.  
(GF) (VE available)

2 7 12 £ 4.50

#### NOTOS GRANOLA

Stewed rhubarb & apples, topped with granola,  
greek yoghurt & half an orange. (GF) (VE available)

7 10 12 £ 8.50

#### PORRIDGE

Greek yoghurt, stewed cinnamon apples, roasted  
almonds, honey. (GF) (VE available)

7 10 12 £ 7.50

### BRUNCH

#### NOTOS FAMOUS AVOCADO ON TOASTED

##### SOURDOUGH

Sesame rayu, crunchy romano pepper salad &  
poached eggs. (GF/VE available)  
Add bacon: +£1, salmon: +£2.

2 4 7 12 13 £ 13.50

5

#### NOTOS STEAK AND EGGS

Hash browns, cheddar cheese sauce, seared sirloin  
steak, fried eggs, salsa verde.  
(GF)

2 4 7 £ 15.00

2 9 7

#### NOTOS BOUJI BEANS ON TOAST

Toasted sourdough, spicy Mexican cheese, beans,  
salsa verde, topped with crispy onions.  
(GF available, Vegan available- vegan cheese)

£ 12.50

#### EGGS ON TOAST

#### TOFU ON TOAST

Poached, scrambled or fried eggs, on 2 slices of  
seeded bloomer toast. (GF- VE available)  
Add bacon: +£1, salmon: +£2.

2 4 7 £ 11.50

2 13

### BREAKFAST STACKS

£ 13.50

#### MEXICAN STYLE STACK

##### BACON OR HALLOUMI

Brioche bun, salsa, avo, bacon, spicy mexican  
cheese, mushroom, refried beans (GF available)  
Served with a bowl of hash brown bites.

2 4 7

#### KOREAN STYLE STACK

##### SAUSAGE OR QUORN SAUSAGE

Korean bbq sauce, rocket, sausage, cheese, egg,  
radish, chilli, spring onion. (VE available)  
Served with a bowl of hash brown bites.

1 2 4 7

£ 13.50

### NOTOS ALL IN

£ 14.50

Upgrade to seeded sourdough: +£1.

#### THE MEATY ONE

2 sausages, 2 bacon, black pudding, beans, tomato,  
mushroom, hash brown, fried egg & 1 tiger bread toasted.  
(GF available)

2 4 7

#### VEGGIE DELIGHT

2 halloumi, beans, tomato, mushroom, 2 hash browns,  
fried egg & 1 tiger bread toasted.  
(GF available)

2 4 7

#### HEAVENLY VEGAN

1 quorn sausage, beans, tomato, mushroom, hash brown,  
kale, scrambled tofu & 1 tiger bread toasted.  
(VE) (GF available)  
Add rayu: +£1.

2 13

### PANCAKES & FRENCH TOAST

Add below toppings for pancakes or french toast. £ 13.50  
(GF & VE available)

#### KINDER BUENO

Bueno sauce, white chocolate sauce, crushed hazelnuts,  
chocolate chunks, bueno pieces.

2 4 7 10 13

#### THE BACON ONE (GF AVAILABLE)

Bacon, syrup & caramelised krispies.

2 4 7 13

#### BISCOFF APPLE CRUMBLE (GF /VE AVAILABLE)

Biscoff sauce, stewed apples, biscoff oat crumble

2 4 7

#### BLACKBERRY CHEESECAKE (GF /VE AVAILABLE)

Vanilla cheesecake mix, blackberry compote, biscuit  
crumb

2 4 7

### Allergens

1 Celery

4 Eggs

7 Milk

10 Nuts

13 Soya

2 Cereals containing  
gluten

5 Fish

8 Molluscs

11 Peanuts

14 Sulphur dioxide

3 Crustaceans

6 Lupin

9 Mustard

12 Sesame seeds



LUNCH

# CAFE NOTOS

PLEASE SPEAK TO A MEMBER OF STAFF ABOUT ANY ALLERGIES BEFORE PLACING YOUR ORDER

Don't forget to check the specials board!

## LUNCH

### JERK CHICKEN SANDWICH 1 2 7 £ 15.00

Pulled jerk chicken, slaw, lettuce, cheese, mango & scotch bonnet hot sauce. Served with fries & Jerk Gravy.

(VEGAN AVAILABLE - VEGAN CRISPY CHICKEN, VEGAN BRIOCHE)

### STEAK CIABATTA 2 7 5 £ 15.00

Toasted ciabatta, seared sirloin steak, cheese, caramelised onions, mushrooms. Served with fries & peppercorn sauce. (GF available)

### KATSU NOODLE BOWL 1 2 12 13 4 7 £ 15.00

Crispy chicken, udon noodles, katsu curry broth, fried egg, spinach, pak Choi, carrot, edamame beans, spring onion, chilli, seaweed, sesame seeds.

(VEGAN AVAILABLE - VEGAN CRISPY CHICKEN AND NO EGG)

1 2 12 13

### 5 BEAN BURRITO BOWL 1 10 £ 13.50

5 bean chilli, Mexican rice, avo, sweetcorn salsa, cashew soured cream, jalapeños, crispy tortilla chips.

(Vegan, GF)

### SOUP OF THE WEEK £ 9.50

SEE SPECIALS BOARD. SERVED WITH A WARM TOASTED CIABATTA

(Vegan/ GF- MAY BE AVAILABLE)

### HOMEMADE PIE & FRIES 7 2 £ 11.50

All served with a bowl of fries.

- Chicken mushroom
  - Chicken & Chorizo
  - Steak & kidney slice
  - Beef & onion pie
  - Sausage roll
  - Cheese & onion pasty
  - Vegan sausage roll
- (VE available)

## LOADED FRIES

### LOADED JERK CHICKEN 1 7 13 £ 13.00

Skinny fries, Pulled jerk chicken, cheese sauce, jerk gravy, mango hot sauce, spring onions & chillies. (GF, VE AVAILABLE)

### LOADED KOREAN BBQ 1 12 £13.00

Skinny fries, Korean BBQ sauce, spring onion, radish, sesame seeds, crispy onions & fresh chillies. (VE, GF)

### LOADED 5 BEAN CHILLI 1 7 13 £ 13.00

5 bean chilli, cheese sauce, sweetcorn salsa, jalapeños, topped with chillies.

(VE AVAILABLE, GF)

## SIDES

Bowl of skinny fries £ 4.00

Bowl of halloumi fries 7 £ 5.00

Bowl of sweet potato fries £ 4.50

Bowl of hash brown bites £ 5.00

### Allergens

- |                             |         |            |                 |                    |
|-----------------------------|---------|------------|-----------------|--------------------|
| 1 Celery                    | 4 Eggs  | 7 Milk     | 10 Nuts         | 13 Soya            |
| 2 Cereals containing gluten | 5 Fish  | 8 Molluscs | 11 Peanuts      | 14 Sulphur dioxide |
| 3 Crustaceans               | 6 Lupin | 9 Mustard  | 12 Sesame seeds |                    |

Food served  
8:30am - 3pm



# CAFE NOTOS KIDS

PLEASE SPEAK TO A  
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PLACING YOUR ORDER

Don't forget to check the specials board!

## COLD DRINKS

|                             |        |
|-----------------------------|--------|
| Apple / orange juice carton | £ 2.50 |
| Apple & blackcurrant squash | £ 1.50 |
| Orange squash               | £ 1.50 |
| Kids milkshake              | £ 4.00 |

Strawberry / chocolate / banana / vanilla /  
caramel



Add cream &  
marshmallows:  
+£0.50

## LUNCH

### FRIES £ 7.50

Sausage & fries  
Chicken nuggets & fries  
Beans & fries  
(GF) (VE available)

### TOASTIE £ 7.50

Cheese **2 4**  
Cheese & ham **2 4**  
(GF available)

### ON TOAST £ 7.50

Scrambled egg on toast **2 4 7**  
Beans on toast **2**  
Sausage on toast **2**  
(GF) (VE available)

## HOT DRINKS

|   |        |
|---|--------|
| Kids hot choc   | £ 4.00 |
| After 8 / Terry's chocolate orange /<br>Smores hot choc | £ 4.00 |
| Kids deluxe hot choc                                    | £ 4.00 |
| Babyccino   | £ 2.00 |

## BREAKFAST

(GF) (VE available)

### LITTLE NOTOS ALL-IN £ 8.50

Meat: 1 sausage, 1 bacon, fried egg & beans **2 4**

Veggie: Halloumi, hash brown, fried egg & beans **4 7**



Add  
White toast: +£1  
Hash brown: +£1

### ON TOAST £ 7.50

Scrambled egg on toast **2 4 7**  
Beans on toast **2**  
Sausage on toast **2**

### PANCAKES **2 4 7** £ 7.50

All served with squirty cream.  
(GF) (VE available)

Pancakes with chocolate  
Pancakes with syrup  
Pancakes with biscoff



\*HALF PORTIONS OF ADULTS PANCAKES AVAILABLE\*

## Allergens

|                                       |                |                   |                        |                           |
|---------------------------------------|----------------|-------------------|------------------------|---------------------------|
| <b>1</b> Celery                       | <b>4</b> Eggs  | <b>7</b> Milk     | <b>10</b> Nuts         | <b>13</b> Soya            |
| <b>2</b> Cereals containing<br>gluten | <b>5</b> Fish  | <b>8</b> Molluscs | <b>11</b> Peanuts      | <b>14</b> Sulphur dioxide |
| <b>3</b> Crustaceans                  | <b>6</b> Lupin | <b>9</b> Mustard  | <b>12</b> Sesame seeds |                           |



cafe.notos

4 Marine Terrace, High Street, Rhosneigr, Anglesey, LL64 5UQ