

# DRINKS

SERVED 7:30AM - 5PM



## COFFEE

|                                    |        |
|------------------------------------|--------|
| Espresso                           | £ 3.40 |
| Americano                          | £ 3.50 |
| Filter coffee                      | £ 3.40 |
| Cappuccino                         | £ 3.90 |
| Latte                              | £ 3.90 |
| Macchiato                          | £ 3.50 |
| Flat white                         | £ 3.80 |
| Mocha                              | £ 4.60 |
| Cortado                            | £ 3.60 |
| Cinnamon & honey latte             | £ 4.70 |
| <b>NOTOS SPECIAL SPANISH LATTE</b> | £ 6.50 |

Decaf: +20p  
Make it large: +£1  
Alternative milk: +50p  
Syrup: +50p

## ICED COFFEE

|  |        |
|--|--------|
| Iced latte / cappuccino                | £ 4.30 |
| Iced americano                         | £ 4.00 |
| Cold brew                              | £ 3.50 |
| Iced pistachio latte                   | £ 5.00 |
| Iced strawberry latte                  | £ 5.00 |
| Iced mocha                             | £ 4.70 |
| <b>NOTOS SPECIAL ICED KITKAT LATTE</b> | £ 7.00 |

Add cold foam topping flavours:  
strawberry / white choc / pistachio (+£2)

## NOT COFFEE

|                             |        |
|-----------------------------|--------|
| <b>HOT</b>                  |        |
| English breakfast tea       | £ 3.00 |
| Decaf english breakfast tea | £ 3.00 |
| Chai latte                  | £ 4.00 |
| Beetroot latte              | £ 4.20 |
| Turmeric latte              | £ 4.20 |
| Babyccino                   | £ 2.00 |
| Puppaccino                  | £ 2.00 |
| <b>ICED</b>                 |        |
| Chai latte                  | £ 5.00 |
| Pink chai                   | £ 4.50 |

## LOOSE LEAF TEAS

Peppermint / Earl grey / Blood orange / Rhubarb spritzer / Lemon / Strawberries & cream / Pear & cinnamon / Vanilla rooibos (contains almonds) / Lemon & ginger / Afrika chai / Jasmine blossom green tea / Ginger & turmeric / Chamomile / Turkish apple / Immunita £ 3.50

GF VE

## PROTEIN MILKSHAKES

Base milk is full-fat, blue milk. Please ask for alternatives. £ 8.00

### Nutella protein

Whey vanilla protein, nutella spread & biscuits, milk

### Biscoff protein

Whey vanilla protein, biscoff spread & biscuits, milk



## MATCHA

### HOT

Matcha - 12oz perfectly ted ceremonial grade £ 4.50  
Mini matcha - 8oz perfectly ted ceremonial grade £ 4.30

### ICED

Iced matcha £ 5.00  
Iced flavoured matcha £ 5.50

Blueberry power / Strawberry daq / Mango madness / White choc whirl

Add cold foam topping flavours:  
strawberry / white choc / pistachio (+£2)

## HOT CHOCOLATES

|                                      |        |
|--------------------------------------|--------|
| Hot chocolate                        | £ 3.50 |
| Deluxe hot chocolate                 | £ 4.00 |
| After 8's                            | £ 4.50 |
| Orange                               | £ 4.50 |
| Smores                               | £ 4.50 |
| <b>NOTOS SPECIAL KINDER HOT CHOC</b> | £ 5.50 |

## New at Notos

### FREZZO'S

A 12oz, blended ice, Heartland coffee, Pentrefelin milk & clotted vanilla bean ice cream. £ 7.00

Make it large: +£1

Add cold foam topping flavours:  
strawberry / white choc / pistachio (+£2)



## GOLD DRINKS

|                                |        |
|--------------------------------|--------|
| Apple / Orange juice           | £ 2.50 |
| Pineapple / Cranberry juice    | £ 3.00 |
| Coke / Diet coke / Cherry Coke | £ 3.50 |
| Lemonade / Raspberry Lemonade  | £ 3.00 |
| Elderflower Presse             | £ 3.00 |
| Ginger Beer                    | £ 3.00 |
| Rhubarb & Apple                | £ 3.00 |
| Apple & Pear                   | £ 2.50 |
| San Pellegrino                 | £ 3.50 |
| Orange / lemon / blood orange  |        |
| Kombucha                       | £ 3.70 |
| Ginger / Bramley Elderflower   |        |
| Large still / Sparking water   | £ 4.50 |
| Small still / Sparking water   | £ 2.50 |

## HEALTH DRINKS

|   |        |
|---|--------|
| <b>Collagen &amp; Vitamin C boost</b>   | £ 7.00 |
| Mango collagen & Vitamin C powder, blended with orange juice  |        |
| <b>Berry Hydration</b>  | £ 7.00 |
| Electrolytes, cranberry juice, mixed berries  |        |
| <b>Collagen Sunrise Smoothie</b>  | £ 7.50 |
| Mango collagen & vitamin c powder frozen mango, strawberry & peach, blended with almond milk                |        |
| <b>Double Health Peach Collagen &amp; Whey Protein Cleanser</b>   | £ 8.50 |
| Mango collagen & vitamin c powder, peach whey protein, blended with, frozen summer berries with almond milk |        |

VE Available

## MILKSHAKES

Blended ice, milk and flavouring:  
**Strawberry / Vanilla / Chocolate / Banana** £ 5.00  
Add: whipped cream / marshmallows (+50p)

## COLD FOAM SPECIALS

These all come iced.

|  |        |
|--|--------|
| <b>Salted Honey Pistachio Latte</b>  | £ 7.00 |
| Pistachio Creme, Sea Salt & Honey Espresso. Topped with pistachio cold foam                            |        |
| <b>Berry Shortcake Matcha</b>  | £ 7.00 |
| Blackberry puree, Matcha. Topped with strawberry cold foam & shortbread crumb                          |        |
| <b>White Choc Cloud Latte</b>  | £ 7.00 |
| White chocolate flakes mixed with espresso. Topped with white choc cold foam & white choc flakes       |        |
| <b>Banana &amp; Cinnamon Iced Matcha</b>   | £ 7.00 |
| Banana & cinnamon flavouring, matcha, topped with white choco cold foam, cinnamon & dried banana chips |        |

GF VE

## SMOOTHIES

Base milk for all is almond milk. All served with granola on top.

|  |        |
|--|--------|
| <b>Strawberry sunrise</b>                        | £ 6.50 |
| Strawberries, pineapple, mango                   |        |
| <b>Anti-inflammatory kick</b>                    | £ 6.50 |
| Blueberries, strawberries, banana, oats          |        |
| <b>Immune booster</b>                            | £ 6.50 |
| Ginger, peach, mango, pineapple                  |        |
| <b>Daily greens</b>                              | £ 6.50 |
| Banana, avocado, spinach, cucumber, peach, honey |        |
| <b>Banana &amp; peanut butter</b>                | £ 6.50 |
| Oats, golden syrup, cinnamon                     |        |

## ICED TEAS & COOLERS

|  |        |
|--|--------|
| <b>Peach &amp; mango iced tea</b>                  | £ 6.50 |
| <b>Passion fruit &amp; lemon iced tea</b>          | £ 6.50 |
| <b>Jasmine lime iced tea</b>                       | £ 6.50 |
| <b>Ginger &amp; lime cooler</b>                    | £ 6.50 |
| <b>Dragon fruit &amp; mango cooler</b>             | £ 6.50 |
| <b>Strawberry &amp; basil cooler</b>               | £ 6.50 |
| <b>Pomegranate &amp; raspberry lemonade cooler</b> | £ 6.50 |

VE

## FROZEN JUICES

|  |        |
|--|--------|
| <b>Vitamin sea</b>                               | £ 6.00 |
| Mango, pineapple, carrot & orange juice          |        |
| <b>Notos beet</b>                                | £ 6.00 |
| Strawberries, apples, beetroot & pineapple juice |        |
| <b>Wonder greens</b>                             | £ 6.00 |
| Lazy lime, kiwi & pineapple, cucumber            |        |

# BREAKFAST

SERVED 8:30AM-3PM

## BREAKFAST BAPS

Toasted breakfast bap 2 4 7 13 £ 7.00

Sausage, bacon and egg.  
(GF available)

Add hash brown: +£1

Veggie breakfast bap 2 4 7 13 £ 7.00

Hash brown, halloumi and egg.  
(GF available)

Add avocado: +£1.50

Vegan breakfast bap 2 13 £ 7.00

Quorn sausage, avocado and hash brown.

## LIGHT BITES

Seeded bloomer toasted 2 7 £ 4.50

Butter & strawberry jam or marmalade.  
(GF) (VE available)

Notos granola 7 10 12 14 £ 8.50

Rhubarb, topped with granola, greek yoghurt & half an orange.  
(GF) (VE available)

Notos berry yoghurt bowl 7 10 14 £ 8.00

Greek yoghurt base, topped with seasonal fresh berries, seed and nut mix & a drizzle of honey.  
(VE available)

Notos tropical yoghurt bowl 7 10 14 £ 8.00

Greek yoghurt base, topped with seasonal tropical fruits, seed and nut mix & drizzle of honey.  
(VE available)

## PANCAKES & FRENCH TOAST

Kinder bueno 2 4 7 10 13 £ 13.50

Bueno sauce, white chocolate sauce, crushed hazelnuts, chocolate chunks, bueno pieces.

The bacon one 2 4 7 £ 13.50

Bacon, syrup & caramelised krispies.  
(GF available)

## BRUNCH

Notos famous avocado on toasted sourdough 2 4 12 13 14 £ 13.50

Sesame rayu, crunchy romano pepper salad & poached eggs.  
ADD bacon: +£1, salmon: +£2.  
(GF/VE available)

Notos steak & eggs 4 7 9 13 14 £ 19.00

Hash browns, cheddar cheese sauce, seared sirloin steak, fried eggs, salsa verde.  
(GF)

Notos bouji beans on toast 2 7 9 14 £ 12.50

Toasted sourdough, spicy mexican cheese, beans, salsa verde, topped with crispy onions.  
(GF/VE available)

Eggs on toast 2 4 7 £ 11.50

Tofu on toast 2 13 £ 11.50

Poached, scrambled or fried eggs, on 2 slices of seeded bloomer toast. ADD bacon: +£1, salmon: +£2.  
(GF/VE available)

Notos breakfast stack 2 4 7 13 14 £ 14.00

Brioche bun stacked with; chilli and onion sausage, bacon, mexican cheese, rocket, chipotle mayo & a sprinkle of pickled onions. Served with hash brown bites.

Eggs benedict 2 4 7 9 14 £ 14.00

Toasted muffin, a base of sliced ham, poached eggs, hollandaise sauce & sprinkled with red pepper flakes  
ADD: salmon: +£2, pulled pork: +£2.  
(GF available)

## NOTOS ALL IN

The meaty one 2 4 7 13 £ 14.50

2 sausages, 2 bacon, black pudding, beans, tomato, mushroom, hash brown, fried egg & 1 tiger bread toasted.  
(GF available)

Veggie delight 2 4 7 13 £ 14.50

2 halloumi, beans, tomato, mushroom, 2 hash browns, fried egg & 1 tiger bread toasted.  
(GF available)

Heavenly vegan 2 13 £ 14.50

1 quorn sausage, beans, tomato, mushroom, hash brown, kale, scrambled tofu & 1 tiger bread toasted.  
ADD rayu: +£1.  
(VE) (GF available)

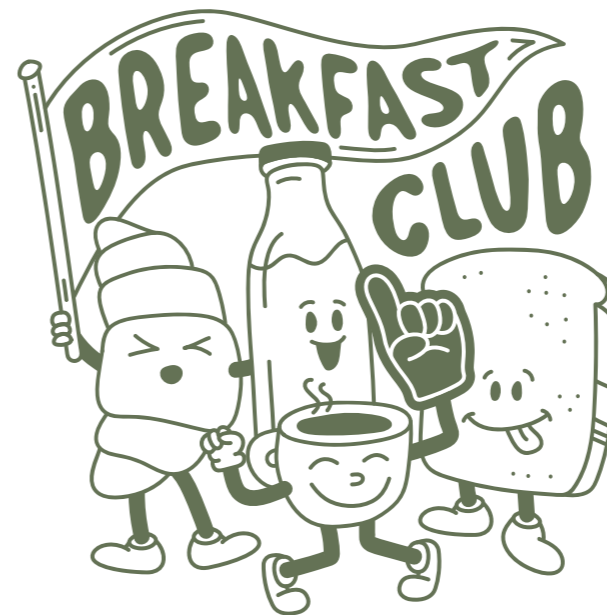
Upgrade to sourdough: +£1.

The berry one 2 4 7 10 12 £ 13.50

Greek yoghurt, summer berries, topped with granola & syrup.

The tiramisu one 2 4 7 £ 13.50

Espresso syrup, mascarpone cream, topped with grated chocolate & cocoa powder.



# LUNCH

SERVED 8:30AM-3PM

## LUNCH

Pulled pork flatbread 2 7 9 14 £ 15.00

Folded flatbread filled with bbq pulled pork, rocket, cheese, pickled onions, jalapenos & crispy onions. Served with skinny fries & homemade slaw.

Jerk chicken rice bowl 1 9 13 14 £ 15.00

Jerk chicken, wild basmati rice, mango salsa, avo, caribbean black beans. Topped with a mango scotch bonnet hot sauce.

Chipotle prawn tacos 2 3 14 £ 15.00

Chipotle lime king prawns in a soft shell taco with a charred sweetcorn salsa, carrot & cabbage & lettuce. Topped with chipotle mayo, chillis and spring onion.

Tabbouleh bowl 1 2 7 14 £ 14.50

Herby couscous, with diced cucumber, tomato & onion. Tossed in a lemon and olive oil dressing. Served on a bed of tzatziki. With a warm flatbread. Topped with a choice of:

- Crispy halloumi

- Crispy tofu bites

- Jerk chicken

Tomato & mozzarella focaccia 2 7 9 £ 14.00

Olive oil and rosemary focaccia. Filled with fresh vine tomatoes, buffalo mozzarella, basil pesto & rocket. Served with fries.

Homemade pie & fries 2 7 £ 11.50

All served with a bowl of fries.

Chicken & mushroom pie

Chicken & chorizo pasty

Steak & kidney slice

Beef & onion pie

Sausage roll

Cheese & onion pasty

Vegan sausage roll

(VE available)

Don't forget to check the specials board!

## LOADED FRIES

Loaded jerk chicken 1 7 13 14 £ 13.50

Skinny fries, pulled jerk chicken, cheese sauce, mango scotch bonnet hot sauce, spring onions & chillies.

Loaded pulled pork 2 7 14 £ 13.50

Skinny fries, bbq pulled pork, cheese sauce, jalapenos, crispy onions & topped with spring onions

Loaded korean BBQ 1 2 12 13 14 £ 13.50

Skinny fries, korean BBQ sauce, spring onion, radish, sesame seeds, crispy onions & fresh chillies.  
(VE) (GF)

## SIDES

Bowl of skinny fries £ 4.00

Bowl of halloumi fries 7 £ 5.00

Served with sweet chilli sauce

Bowl of sweet potato fries £ 5.00

Bowl of hash brown bites £ 5.00

Served with chilli jam

## Allergens

Please speak to a member of staff about any allergies before placing your order. The allergen key may change depending on variants in brands used for ingredients in recipes. Please be aware of this. Always let us know about any allergens, do not rely solely on this key. Thank-you

- |                             |                    |
|-----------------------------|--------------------|
| 1 Celery                    | 8 Molluscs         |
| 2 Cereals containing gluten | 9 Mustard          |
| 3 Crustaceans               | 10 Nuts            |
| 4 Eggs                      | 11 Peanuts         |
| 5 Fish                      | 12 Sesame seeds    |
| 6 Lupin                     | 13 Soya            |
| 7 Milk                      | 14 Sulphur dioxide |